

CORNWALL OUTDOOR CLUB DE PLEIN AIR

2025 SUMMER SCHEDULE

SATURDAY MAY 3

PADDLE PAYNE RIVER

Come explore the South Nation Waterway starting in St. Albert ON and paddle up the winding tributary of the Payne River.

Meeting Place: Park & Ride at the north end of Brookdale Ave.

Time: 10 am

Contact: Kevin 360-3403

MONDAY MAY 12

CYCLE BIKE PATHS IN OTTAWA TO SEE TULIPS

Cycling and tulips, what a great combination. Buzz around the various bicycle paths in the Nation's Capital to the Tulip Festival at Dow's Lake. Approximately 30 km cycle. www.tulipfestival.ca

Meeting Place: Park & Ride at the north end of Brookdale Ave.

Time: 9 am

Contact: Kevin 360-3403

FRIDAY MAY 16

LOCAL WALK & ART GALLERY – OPEN EVENT

A walk starting at Lamoureux Park with a stop at Cline House Gallery.

Exhibition: Lest We Forget: About My Mother Cynthia Van Frank (oil paintings) www.clinehousegallery.com

Meeting Place: Cornwall Civic Complex

Contact: Linda Geisel

Time: 9:30 am

Text: 613-330-5662

Email: lindageisel@gmail.com

SATURDAY MAY 24
CANOE POKER RUN 2025

Paddle the South Nation River to support the Spencerville Mill & Museum. We'll launch from O'Hagan's Bridge (near 5825 County Road 18, a private residence), just 8 km north of Prescott. Lunch will be provided to registered participants in the Spencerville Mill Park. CHOOSE YOUR LUNCH OPTION WHEN BUYING YOUR TICKET (\$35-\$38.61 depending on lunch choice) at <https://www.eventbrite.ca/e/canoe-poker-run-2025-tickets-1284826282999>

Shuttle service available to take participants to retrieve their vehicles.
Meeting Place: Car Pool Lot (Brookdale & Cornwall Centre Rd)
Time: 7:30 a.m. Contact: Glenna 613-362-4338

TUESDAY MAY 27
LOCAL WALK LAKEVIEW MARSH LONG SAULT ON

Where is the Lakeview Marsh? Known by the local bird watchers as a secret gem for wildlife, this short trail is one to experience. The total distance of the walk will be 5 km.

Meeting Place: Trillium Drive Parking Lot Guindon Park.
Time: 1 pm Contact: Sylvie 360-3403

SUNDAY JUNE 1
PADDLE LOCH GARRY (NEAR ALEXANDRIA ON)

Beginner level paddling on flat water, this small lake named Loch Garry. A mix of lakeside homes and native vegetation along the shore.

Meeting Place: Park & Ride at the north end of Brookdale Ave.
Time: 9 am Contact: Wayne 930-3733

FRIDAY JUNE 6
CYCLING IN COTEAU-DU-LAC/VALLEYFIELD AREA

Cycling on a mixture of bike paths and the roadside for 25 km. Explore the history of the Soulanges Canal, bring water snack and lunch.

Time & Place: 8:30 AM at Lancaster DQ
Contact: lorraine.clarke05@gmail.com

SUNDAY JUNE 8

LOCAL WALK AT LONG SAULT QUARRY

Explore the varied forest, including cedar, wetland, white birch patches on the hillside, and shoreline bushes along the quarry's edge.

Meeting Place: TBD

Contact: Veronica Langlois Time: 9:30 am

Text: 613-346-2042

FRIDAY JUNE 13

LOCAL WALK & ART GALLERY – OPEN EVENT

A walk starting at Lamoureux Park with a stop at Cline House Gallery.

Exhibition: Graduating Student Art Exhibition www.clinehousegallery.com

Meeting Place: Cornwall Civic Complex

Contact: Linda Geisel Time: 9:30 am

Text: 613-330-5662 Email: lindageisel@gmail.com

SATURDAY JUNE 14

Discover Lac Saint-Francois National Wildlife Area & Droulers – Tsiionhiakwatha Archaeological Site

Across the river from Cornwall there are two gems. First the Lac Saint-Francois National Wildlife Area is among the most remarkable in Quebec. It is home to more than 287 animal species and 547 plant species. Nearby is the Droulers – Tsiionhiakwatha Archaeological Site - one of the best preserved villages of the St. Lawrence Iroquoian people. Take part in a tour of the grounds and learn more about our region. Meeting Place: Park & Ride at the north end of Brookdale Ave.

Time: 9 am Contact: Kevin 360-3403

WEDNESDAY JUNE 18

MEAL & SUNSET PADDLE ON ST LAWRENCE RIVER

Enjoy a meal together at Water View Restaurant. Launch the boats at the Guindon Park Boat Launch at 8 pm. We will paddle along the shore and take in the sunset across the river.

Meeting Place: Water View Restaurant in Long Sault

Time: 6:30 pm Contact: Kevin 360-3403

FRIDAY JUNE 20**HIKE SENTIER DE L'ESCAPADE DE RIGAUD**

Complete the 13.5 km loop through the forest in the community of Rigaud Quebec. Rolling terrain leads to lookouts and various ecosystem.

Meeting Place: Park & Ride at the north end of Brookdale Ave.

Time: 9 am Contact: Glenna 362-4338

TUESDAY JUNE 24**CYCLING COUNTY ROAD AND GARDEN TOUR**

Starting from Williamstown ride to Lou Lou Lavender Farm to St Raphael's and back to Williamstown. Finally unpack your lunch at a local garden along the river (bring a chair). Option to drive to the locations. Approximately 25 km cycling distance.

Meeting Place: Char-lan Recreational Centre in Williamstown.

Time: 10 am Contact: Sylvie 360-3403

MONDAY JUNE 30 TO THURSDAY JULY 3**1000 ISLAND NATIONAL PARK CAMPGROUND**

Canada Day on McDonald Island near Gananoque, paddle in campsite. Check out the fireworks from your kayak (please join us for a drop in a day paddle). Limited camping space available, sign up early (\$ deposit required). Activities will include paddling, swimming, and more paddling in the 1000 Island Admiralty Islands.

www.parks.canada.ca/pn-np/on/1000/visit/cartes-maps

Contact: Kevin 360-3403

TUESDAY JULY 8**CYCLE TO THE NCC RIVER HOUSE (OPTION TO SWIM)**

Travel along the Ottawa River bike paths in the city's east end. Take a break at the NCC River House, bring your bathing suit for a cool dip. This historical floating house is located on the Ottawa River. In summer, there is a free public dock to swim with food and beverage amenities. www.ncc-ccn.gc.ca/places/ncc-river-house

Meeting Place: Park & Ride at the north end of Brookdale Ave.

Time: 9 am Contact: Sylvie 360-3403

FRIDAY JULY 11**LOCAL WALK & ART GALLERY – OPEN EVENT**

A walk starting at Lamoureux Park with a stop at Cline House Gallery.

Exhibition: Frank Mulvey (charcoal drawings) www.clinehousegallery.com

Meeting Place: Cornwall Civic Complex

Contact: Linda Geisel Time: 9:30 am

Text: 613-330-5662 Email: lindageisel@gmail.com

SUNDAY JULY 13- 2 pm to 6 pm**OUTDOOR CLUB BBQ/POOL PARTY AND AGM**

This social event will be held in a member's backyard in Long Sault. Enjoy the Potluck BBQ, bring your lawn chairs and bathing suit. Guests are asked to bring a salad or dessert. If you have tables, please let us know.

RSVP by Saturday July 5.

Contact: Julie – julie-clement@coldwellbanker.ca

FRIDAY JULY 18**ENJOY A DAY AT CHARLOTTENBURG PARK BEACH**

Bring your swimsuit, lunch, chair, book, kayak, paddleboard, etc.

Located 19 km east of the City of Cornwall, at 19788 County Rd 2, in the Township of South Glengarry, Charlottenburgh Park encompasses a total of 234.7 acres of green space. The park features a diverse environment with many types of ecosystems, including white pine and spruce plantations, a mixed hardwood forest, Class 2 Provincially Significant wetlands, Lake St. Francis and its tributaries, meadows, and a Forest Stewardship Council (FSC) managed forest area.

Cost: \$11 Adult; \$9 senior (65+)

Time & Place: 10:00-2:00 or longer. We will meet on the beach.

Contact: lorraine.clarke05@gmail.com

THURSDAY JULY 24**LOCAL MEAL & EVENING WALK ON STORMONT BIKE PATH**

Join us for supper at a local Thai favorite. Bring your flashlight to walk along the paved trail during a new moon, leaving from the Park and Ride at the north end of Brookdale Ave.

Meeting Place: Thai Khmer Restaurant on 13th

Time: 6 pm

Contact: Kevin 360-3403

JULY 24 – 27 RIBFEST CORNWALL www.cornwallribfest.com

FRIDAY AUGUST 1

LOCAL PADDLE FROM LANCASTER ON

Paddle on the St. Lawrence River (or the Raisin River depending on the conditions)

Bring water, snacks, & lunch.

Time & Place: 9:30 AM South Lancaster Wharf

Contact: lorraine.clarke05@gmail.com

SUNDAY AUGUST 3

WALK CHARLOTTENBURG PARK (LANCASTER)

Walk the varied forests and wetlands of the park.

Meeting Place: Charlottenburg Park Day Use Parking Lot

Contact: Barry Solman

Time: 3:00 pm

Text: 514-910-0280

Email: solman.barry@gmail.com

SATURDAY AUG 9 - WATERFEST DRAGONBOAT RACES

Sign up to volunteer, cheer people on or participate

www.cornwallwaterfest.com

SATURDAY AUGUST 16

WALK AT LOCH GARRY TRAILS (NORTH GLENGARRY)

Visit the unique environment of the Garry Fen Trail.

The bog conditions produce exceptional plants and wildlife.

www.glengarrytrails.com

Meeting Place: Park & Ride at the north end of Brookdale Ave.

Contact: Barry Solman

Time: 10:00 am

Text: 514-910-0280

Email: solman.barry@gmail.com

FRIDAY AUGUST 22**LOCAL WALK & ART GALLERY – OPEN EVENT**

A walk starting at Lamoureux Park with a stop at Cline House Gallery.

Exhibition: Fred McSherry (oil paintings) www.clinehousegallery.com

Meeting Place: Cornwall Civic Complex

Contact: Linda Geisel Time: 9:30 am

Text: 613-330-5662 Email: lindageisel@gmail.com

SATURDAY AUGUST 23**CYCLING COUNTRY ROADS NEAR LONG SAULT**

Cycling on local roads approximately 20 km. Bring your lunch and help celebrate Denis's 98th birthday on the patio.

Meeting Place: TBD

Contact: Veronica Langlois Time: 9:30 am

Text: 613-346-2042

SUNDAY AUGUST 24 CORNWALL TRIATHLON

Sign up to volunteer, cheer people on or participate

www.cornwalltriathlon.com

SEPTEMBER 19 - 22**CAMPING AT FISH CREEK POND NY STATE PARK**

This campground is a favorite of paddlers with its small ponds and streams. Limited camping space available, sign up early (\$ deposit required). Activities will include paddling, cycling, hiking, and more paddling. There is an option to come for a day paddle.

Contact: Kevin 360-3403