

CORNWALL OUTDOOR CLUB DE PLEIN AIR
2025 WINTER SCHEDULE

SATURDAY JANUARY 4

SNOWSHOE/WALK PINK TRIALS OF GUINDON PARK

Come explore the winding trails in Cornwall's local forest.

Meeting Place: East Parking Lot of Guindon Park

Time: 10:30 a.m.

Contact: Kevin 613-360-3403

SATURDAY JANUARY 11

MONNLIGHT SNOWSHOE OR CROSS COUNTRY SKI

Hosted by the Friends of Upper Canada Bird Sanctuary the centre will be open and there will be led groups going through the forest to return to hot drinks and conversation at the centre.

Meeting Place: Upper Canada Bird Sanctuary Parking Lot

Time: Groups leave the centre at 7:00 p.m.

Contact: Kevin 613-360-3403 (car pooling from Cornwall)

MONDAY JANUARY 13

WINTER ADVENTURE IN RIGAUD QUEBEC

Downhill skiing at Mount Rigaud (beginner friendly)

Meeting Place: Lancaster DQ

Time: 8:30 am We will depart the mountain at @ 3-3:30 PM.

Purchase ticket online prior to day for a better price: Various rates available on-line for 2 hours to full day of skiing

@ \$30- \$35. Rentals cost extra. Bring lunch, etc.

Snowshoe Trails available Cost \$7.00

Contact: lorraine.clarke05@gmail.com

FRIDAY JANUARY 17

CROSS COUNTRY SKIING AT ST LAZARE QC

Parc Nature les Forestiers-de-St Lazare has various skiing loops for all skill levels. Plan to do a ski loop in the morning, warm up at lunch time, and an option to ski again in the afternoon. There are warm-up facilities on site, and a canteen is available. Cost \$12.

For seniors \$14 for adults. Bring lunch and water. Other activities on site are a small skating rink and short snowshoe trails.

www.lesforestiers.ville.saint-lazare.qc.ca/activites/#hiver

Meeting Place: Tim Horton's next to Kelsey Restaurant

Time: 9 am

Contact: Glenna 362-4338

SATURDAY JANUARY 18

COUNTRYSIDE ADVENTURES – SKATE &/OR SNOWSHOE

Arrive at 10 am at Countryside Adventures enjoy access to the forest skating trail and snowshoeing trail, go tubing, and more. Admission tickets can be purchased online. Prices vary depending on activity. Bring food or there is a food truck there.

Meeting Place: Park & Ride Parking Lot at the end of Brookdale

Time: 9:30 am

Website: countrysideadventures.ca

Contact: Julie – julie-clement@coldwellbanker.ca

SUNDAY JANUARY 19

SNOWSHOEING SUMMERSTOWN FOREST

Return to Summerstown for a winter adventure through the forest. Bring trail snacks or lunch.

Meeting Place: Summerstown Forest Parking Lot

Time: 11 am

Contact: Glenna 362-4338

MONDAY JANUARY 20

SENIOR SKATING AT BENSON CENTRE

Get your skates out of storage and hit the ice. Enjoy this winter activity inside at the Monday morning Senior Skating time slot.

Meeting Place: Benson Centre Cornwall Time: 9 am

Contact: Kevin 613-360-3403

FRIDAY JANUARY 24

LOCAL WALK & ART GALLERY – OPEN EVENT

Annual Juried Exhibition at Cline House Gallery

Meeting Place: at Cornwall Civic Complex - Time: 9:30 am

Contact: Linda Geisel

www.clinehousegallery.com

Text: 613-330-5662

Email: lindageisel@gmail.com

SATURDAY JANUARY 25

SATURDAY SNOWSHOE OWL'S HEAD MOUNTAIN IN NY

A moderate incline to a cliff top lookout, distance 4 km.

**** Passport Required****

Meeting Place: Tim Horton's next to Kelsey Restaurant

Time: 10 am

Contact: Kevin 360-3403

SATURDAY FEBRUARY 1

SNOWSHOE OR WALK CHARLOTTENBURG PARK

Enjoy a magical winter walk along the St Lawrence River

Meeting Place: Tim Horton's next to Kelsey Restaurant

Time: 10 am

Contact: Sylvie 360-3403

MONDAY FEBRUARY 3
SKI TITUS MOUNTAIN

Purchase tickets online prior to day for a better price: Adult Day Ticket - \$54 (Save \$25); Senior Day Ticket - \$44 (Save \$25)

Rentals cost extra. Bring lunch, **** passport ****, etc.

Meeting Place: Tim Horton's next to Kelsey Restaurant

Time: 8:30 am We will depart the mountain at @ 3-3:30 PM.

Contact: lorraine.clarke05@gmail.com

FRIDAY FEBRUARY 7
SNOWSHOE &/OR CROSS COUNTRY SKI LAROSE FOREST

We will be hitting the trails on the Larose side of the Forest. The ski trails are great for beginners (flat groomed trails). Snow shoeshoe trails follow the beautiful ravine. Bring a lunch.

Meeting Place: Park & Ride Parking Lot at the end of Brookdale

Time: 9:00 a.m.

Contact: Kevin 613-360-3403

SATURDAY FEBRUARY 8
ITALIAN THEMED SUPPER AT THE CANADIAN LEGION

Arrive at 5:30 pm Meal at 6:15 pm

Presentation of the Tommy Chretien Award for 2024.

RSVP by January 30 & Cost \$30 for the meal and the band or the band only by donation.

The Rusted Bucket Band returns for entertainment starting at 8 pm. Option to attend just for the music. Guests Welcome.

Meeting Place: Cornwall Legion 415 Second St West

Contact: Diane – diane.gauthier511@gmail.com or

Kevin - 360-3403

MONDAY FEBRUARY 10
SENIOR SKATING AT BENSON CENTRE

Get your skates out of storage and hit the ice. Enjoy this winter activity inside at the Monday morning Senior Skating time slot.

Meeting Place: Benson Centre Cornwall Time: 9 am

Contact: Kevin 613-360-3403

SATURDAY FEBRUARY 15
SNOWSHOE MER BLEUE

Mer Bleue conservation area provides a unique opportunity to see a northern boreal landscape. Mer Bleue is a bog approximately 7,700 years old, and is a habitat for many species of regionally and significantly rare plants, birds and other wildlife. We are going to explore the trail in the bog and the surrounding trail we did not take last year. We will have lunch at the outdoor picnic tables.

www.ncc-ccn.gc.ca/places/mer-bleue

Meeting Place: Park & Ride Parking Lot at the end of Brookdale

Time: 9:30 am

Contact: Glenna 362-4338

MONDAY FEBRUARY 17
SUMMERSTOWN FOREST FAMILY DAY EVENTS

Volunteer or participate in winter activities (including free rentals) at the local forest.

www.summerstowntrails.com

SATURDAY FEBRUARY 22
WINTER CAMPING IN SDG

One night of overnight camping, winter gear required. Option for

people to come for just the fire and marshmallows.

Meeting Place & Time: TBD

Contact: Wayne 930-3733

MONDAY FEBRUARY 24 SKI MONT BROMONT QC

Purchase ticket online prior to day for a better price: Various cost options: Senior (65-69 years old) \$70 presale cost; Adult cost \$80; Ski on Mont Soleil only ~ cost Adult \$38 presale; Senior \$31 presale. Bring lunch, etc.

Various **Snowshoeing trails** are available at a cost of \$13.50.

Meeting Place: Lancaster DQ at 8:00 AM. We will depart the mountain at @ 3-3:30 PM.

Contact: lorraine.clarke05@gmail.com

SATURDAY MARCH 1 SNOWSHOE/WALK GREY'S CREEK CONSERVATION

Discover the mixed forest and winter birds at this park right on the edge of Cornwall. After the walk, we will have brunch at Mama Sue's Restaurant. Call the leader before the weekend so reservations can be made.

Meeting Place: South Parking Lot Grey's Creek

Time: 10 am

Contact: Sylvie 360-3403

SATURDAY MARCH 8 SUCRERIE DE MONTAGNE A RIGAUD

Enjoy a traditional French Canadian experience family-style meal served on long tables with fiddle music (operating since 1978).

Payment of \$60 must be provided ahead of time to make the reservation by February 7. www.sucrieriedelamontagne.com

Meeting Place: Park & Ride Parking Lot at the end of Brookdale

Contact: Linda Geisel

Time: 11 am

Text: 613-330-5662

Email: lindageisel@gmail.com

FRIDAY MARCH 13

LOCAL WALK & ART GALLERY – OPEN EVENT

Photography Earth Day/River Institute - Cline House Gallery

Meeting Place: at Cornwall Civic Complex - Time: 9:30 am

Contact: Linda Geisel

www.clinehousegallery.com

Text: 613-330-5662

Email: lindageisel@gmail.com

SATURDAY MARCH 15

MOONLIGHT SNOWSHOE OR CROSS COUNTRY SKI

Hosted by the Friends of Upper Canada Bird Sanctuary the centre will be open and there will be led groups going through the forest to return to hot drinks and conversation at the centre.

Meeting Place: Upper Canada Bird Sanctuary Parking Lot

Time: Groups leave the centre at 7:00 p.m.

Contact: Kevin 613-360-3403 (car pooling from Cornwall)

MONDAY MARCH 17

ST PATRICK'S DAY ADVENTURE

Take a local walk with the Leprechauns, then enjoy a meal & music at the Cornwall Legion (Band Ceilidh Drovers).

Hike Meeting Place: TBD at 3 pm Meal at 5:30 pm

Contact: Kevin 360-3403

SATURDAY MARCH 29

WALK IN GUINDON PARK

Traverse the trails of Cornwall's Guindon Park in the late fall.

Meeting Place: East Parking Lot of Guindon Park (parking lot for skiing)

Time: 10:30 a.m.

Contact: Sylvie 613-360-3403

SATURDAY APRIL 5

HIKE THE RIDEAU TRAIL NEAR WESTPORT ONTARIO

Spring hiking along a portion of the Rideau Trail including Foley Mountain Conservation Area. Then shop in the village of Westport. There is an option to just go for the village tour.

Meeting Place: Park & Ride Parking Lot at the end of Brookdale

Time: 7:30 am

Contact: Glenna 362-4338

SATURDAY APRIL 12

RAISIN RIVER CANOE RACE

Join us to watch the racers paddle from St. Andrew's to Williamstown. Catch all the flips, tips and dips in this 30 km race.

Meeting Place: Park & Ride Parking Lot at the end of Brookdale

Time: 10 am

Contact: Sylvie 360-3403

FRIDAY APRIL 18

WALK IN THE TRILLIUMS - BLUE MT (CHARLESTON LAKE)

Complete the 10 km walk to the highest point in Leeds County ON
At the top you can see the nearby lakes and farmland.

Meeting Place: Park & Ride Parking Lot at the end of Brookdale

Time: 9 am

Contact: Kevin 360-3403

SUNDAY APRIL 20 EASTER

SATURDAY APRIL 26

VOLUNTEER AT ST. LAWRENCE MARATHON

Join our Rest Stop Crew to hand out refreshments and encouragement to the hundreds of runners going from Upper Canada to Cornwall. It's our fourth year in a row, join our crew.
Contact: Sylvie 360-3403

SUNDAY APRIL 27

CYCLING AROUND CORNWALL ON PATHS

Spring is here and let's do the ~25 km loop around Cornwall.
Meeting Place: Dog Park on Second St. near the dam
Time: 10:00 am
Contact: Glenna 362-4338