## **2024 FALL CORNWALL OUTDOOR CLUB SCHEDULE**

# SUNDAY SEPTEMBER 8 CYCLE SOULAGE CANAL QC

Cycle the 35 km route from Coteau to Point-de-Cascades on bike path.

Meeting Place: Tim Hortons near Kelsey (parking lot)

Time: 9:00 a.m.

Contact: Cheryl - cheryl.o@hotmail.com

#### **FRIDAY SEPTEMBER 13**

#### **LOCAL WALK & ART GALLERY - OPEN EVENT**

A walk starting at Civic Complex with a stop at Cline House Gallery.

Exhibition: Retrospective by Stuart McCormick www.clinehousegallery.com

Meeting Place: at Cornwall Civic Complex

Contact: Linda Geisel Time: 9 am

Text: 613-330-5662 Email: lindageisel@gmail.com

#### **TUESDAY SEPTEMBER 17**

#### HIKE PARC NATURE LE FORESTIERS, ST LAZARE QC

Hike through the forest and ravines of the nature area 50 minutes from Cornwall.

Total distance 10-12 km. Bring your lunch, snack, and water.

Meeting Place: Lancaster DQ

Time: 9:00 AM Contact: lorraine.clarke05@gmail.com

#### **SATURDAY SEPTEMBER 21**

#### CYCLE LONG SAULT PARKWAY AND FINISH WITH A SWIM IN A POOL

Cycle from Long Sault along Manning Road to Ingleside, then return via the Long

Sault Parkway. Cool off and socialize at the pool with a swim.

Meeting Place: TBD in Long Sault

Time: 12:00 noon

Contact: Julie – julie-clement@coldwellbanker.ca

#### **SUNDAY SEPTEMBER 22**

#### HIKE LOON LAKE MOUNTAIN, ADIRONDACKS

Get to know this 10.0-km out-and-back trail near Loon Lake, New York. Generally considered a moderately challenging route, it takes an average of 3 h 34 min.

Lunch, water, & snacks needed. \*\*\* Passport Required \*\*\*

Meeting Place: Tim Hortons near Kelsey (parking lot)

Time: 7:00 a.m.

Contact: Kevin 613-360-3403

# WEDNESDAY SEPTEMBER 25 AT 6:00 PM SUNSET WALK ALONG CORNWALL CANAL FOLLOWED BY SUPPER

Evening walk next to the canal, returning as the sun sets.

Drive to Cornwall BBQ Restaurant for supper around 7:15 pm

Meeting Place: End of Haulage Road at the locks.

Contact Kevin 613-360-3403

#### **THURSDAY SEPTEMBER 26**

## **HIKE ROOSTER COMB AND SNOW MOUNTAIN NY (9.5 km return)**

Based near Keene BY the views from the summit ledge and Valley View Ledge complete a 360-degree panorama of Mt. Marcy and the Johns Brook Valley plus Giant Mountain and the Ausable Valley.

\*\*\*\*Passport Required \*\*\*\*\*\*\*

Meeting Place: Tim Hortons near Kelsey (parking lot) Time: 6:30 am

Contact: Glenna 613-362-4338

#### **SATURDAY SEPTEMBER 28**

#### PADDLE ST LAWRENCE RIVER FROM INGLESIDE

It is almost the end of the season on the water. Come out for a paddle on your SUP, kayak or canoe on the St Lawrence River.

Meeting Place: Kayak launch in Ingleside (across from the Ford Dealership)

Contact: Heather <a href="mailto:hslogan@hotmail.com">hslogan@hotmail.com</a> or text at 613-449-4295

#### INFO SEPTEMBER 28-29 WEEKEND - SDG APPLE AND ARTS TOUR

www.applesandart.ca

#### **TUESDAY OCTOBER 1**

#### PADDLE LAKE FLOWER - OSEEETAH LAKE - SARANAC RIVER

~ 8 miles round trip ~ @ 4 - 5 hours. No portages.

This is a somewhat sheltered lake trip with a short hike to a beautiful set of ponds (Owl & Pine). Put in & take out at Lake Flower Boat Launch.

Oseetah Lake provides some of the finest mountain scenery of the entire Saranac Chain because it is closer to the higher mountains. 1 hr 30 min drive. Lunch, water, & passport needed.

Meeting Place: Tim Hortons near Kelsey (parking lot) at 7:30 AM.

Contact: lorraine.clarke05@gmail.com

#### OCTOBER 12 – 14 THANKSGIVING WEEKEND

#### **SUNDAY OCTOBER 13**

#### CYCLE CORNWALL TO LONG SAULT FOR BRUNCH

Leaving from the Bandshell in Lamoureux Park to Nautica Grill and Wine in Long Sault. Total distance of 30 km

Meeting Place: Lamoureux Park Bandshell

Time: 9:00 a.m.

Contact: Cheryl - cheryl.o@hotmail.com

## WEDNESDAY OCTOBER 23 AT 6:00 PM SUNSET WALK GUINDON PARK FOLLOWED BY SUPPER

Evening walk around Guindon Park (West End) as the sun sets, bring a light it will be dark when we finish the walk. Return to Cornwall and eat at Thai Khmer Restaurant for supper around 7:15 pm

Meeting Place: Guidon Boat Launch Parking – Trillium Drive.

Contact Kevin 613-360-3403

#### **FRIDAY OCTOBER 25**

#### **HIKE MT VAN HOEVENBURG NY (6.8 km return)**

This is a late season hike you can expect various conditions (dry, very wet, or even snow) but it provides a stunning 180-degree view of High Peaks like Marcy and Algonquin, with the expanse of South Meadow far in the valley below.

\*\*\*\*\*Passport Required \*\*\*\*\*\*

Meeting Place: Tim Hortons near Kelsey (parking lot) Time: 7:00 am

Contact: Glenna 613-362-4338

## SATURDAY NOVEMBER 2 HIKE MOUNT AZURE NY

(only 1 hr drive, 2 miles hike return with a great view)

Level 2 \*\*\* Passport Required \*\*\*

Meeting Place: Tim Hortons near Kelsey (parking lot)

Time: 10:00 a.m.

Contact: Kevin 613-360-3403

# FRIDAY NOVEMBER 8 LOCAL WALK & ART GALLERY – OPEN EVENT

A walk starting at Civic Complex with a stop at Cline House Gallery.

Exhibition: the Merry Mini by local artists

www.clinehousegallery.com

Meeting Place: at Cornwall Civic Complex

Contact: Linda Geisel Time: 9 am

Text: 613-330-5662 Email: <a href="mailto:lindageisel@gmail.com">lindageisel@gmail.com</a>

#### **SUNDAY NOVEMBER 10**

### WALK AND SEE THE SNOW GEESE MIGRATION, VALLEYFEILD QC

Every year the snow geese rest at the Etang de Saint-Louis reservoir by the thousands. Walk the trail along the Beauharnois Canal and around the reservoir and the geese land and take off on their route south. Please note the migration is dictated by weather to the date could change based on the fowl sightings.

Meeting Place: Tim Hortons near Kelsey (parking lot)

Time: 11:00 a.m. Contact: Barry 514-910-0280

## THURSDAY NOVEMBER 14 SUPPER AND MOONLIGHT WALK ON LONG SAULT PARKWAY

Meet for supper at Water View Restaurant in Long Sault at 6 pm Bring a light as we walk under the moonlight on the parkway.

Contact: Kevin 613-360-3403

# THURSDAY NOVEMBER 21 TOUR THE NATIVE NORTH AMERICAN TRAVELING COLLEGE & WALK AT ROBERT MOSES STATE PARK

Take a guided (\$) tour of Turtle Island at the Mohawk Cultural Centre on Cornwall Island in Akwesasne. The guide will take you through the history and artifacts including Mohawk baskets, Wampum belts, handmade Lacrosse sticks and original paintings. Part two for those interested is to walk along the trails of the state park in Massena NY and visit the Nicandri Nature Centre.

Bring a lunch \*\*\* Passport Required \*\*\*

<u>www.nnatc.org</u> <u>www.massenanaturecenter.com</u>
Meeting Place: Tim Hortons near Kelsey (parking lot)

Time: 9:00 a.m.

Contact: Kevin 613-360-3403

#### **SATURDAY NOVEMBER 30**

#### VENDOR MARKET AT GLENGARRY PIONEER MUSEUM, DUNVEGAN

Experience an outdoor market 10:00 - 4:00 in our covered Pavilion. Entry is FREE. Local vendors will be selling everything from chocolate and baked goods to handmade silver jewelry or ironware made by a local blacksmith. Dunvegan Gold Maple Syrup & Stonehouse Vineyard and more will be onsite. There also promises to be lots of fresh green wreaths, pots and garland to help with your decorating needs. If you are worried about the cold, dress warmly and be relieved to know that we will have outdoor heaters in the pavilion and our new vinyl curtains protecting it from the elements.

Once you are done shopping, warm up by getting some hot apple cider or hot chocolate, roast a marshmallow by the fire, then wander the grounds for the best photo op. It's the perfect opportunity to get into the festive spirit and support local artisans from your community.

Meeting Place: Martintown Community Centre at 10 AM.

Contact: lorraine.clarke05@gmail.com

## SATURDAY DECEMBER 7 WALK IN GUINDON PARK

Traverse the trails of Cornwall's Guindon Park in the late fall.

Meeting Place: East Parking Lot of Guindon Park (parking lot for skiing)

Time: 10:30 a.m.

Contact: Sylvie 613-360-3403

#### **FRIDAY DECEMBER 13**

2024 BIRTHDAY SUPPER - The Cornwall Outdoor Club de Plein Air is 26 years old

Are you celebrating a special birthday or anniversary this year, let us know. Meeting Place: Philo's Restaurant - RRSP with Kevin to reserve a seat.

Time: 7:00 p.m. Contact: Kevin 613-360-3403

STAY TUNED FOR NEWS ON THE CORNWALL OUTDOOR CLUB WINTER GALA TO BE HELD IN JANUARY