

2024 SUMMER CORNWALL OUTDOOR CLUB SCHEDULE

SUNDAY MAY 5

PADDLE PAYNE RIVER

Starting at the village of St. Albert we will go downriver on the South Nation to find the secret entrance to the small and intimate Payne River. Paddle distance 12 km return

Meeting Place: Tim Hortons near Kelsey (parking lot) (45 min drive)

Contact Kevin 613-360-3403 Time: 8 am

THURSDAY MAY 9

CYCLE (OPTION TO WALK) OTTAWA TULIP FESTIVAL

Travel along the bike paths through the Ottawa Arboretum to the tulips around Dows Lake. Cycling will include pedaling along the Ottawa & Rideau Rivers. Cycling Distance: 25 km. Bring a lunch.

Meeting Place: Carpool Parking Lot at Brookdale and Cornwall Centre Road

Contact: Kevin at 613-360-3403 Time: 8:30 am

FRIDAY MAY 10

LOCAL WALK & ART GALLERY – OPEN EVENT

A walk starting at Lamoureux Park with a stop at Cline House Gallery.

Exhibition: Pierre Giroux www.clinehousegallery.com

Meeting Place: Behind the Bandshell at Lamoureux Park, Cornwall

Contact: Linda Geisel Time: 9 am

Text: 613-330-5662 Email: lindageisel@gmail.com

WEDNESDAY MAY 15

HIKE HOPKINS MOUNTAIN NY IN THE ADIRONDACKS

Explore this 9.5 km out-and-back trail near Keen Valley NY. Generally considered a challenging route, it takes an average of 4 hours to complete. The trail is mostly wooded and follows Mossy Cascade Brook on the way up before reaching the top of Hopkins Mountain. Once you're at the top you're treated to an awesome viewpoint of the surrounding High Peaks region. Ascent 2120 ft, Elevation 3183 ft.

2 hr 30 min drive. Bring lunch and water.

*****Passport Required *****

Meeting Place: Tim Hortons near Kelsey (parking lot) at 7 am

Contact: lorraine.clarke05@gmail.com

SUNDAY MAY 26

HIKES & VISIT 3 TASTY LOCATIONS - NORTHERN ADIRONDACK ICE CREAM TRAIL

Itinerary – Drive to Mountain Mist Ice Cream at Saranac Lake to warm up with the first ice cream tasting. Then climb nearby Baker Mt. (1.8 miles return). Back into the car and off to the famous Donnelly’s Ice Cream. Explore the rolling trails for Church Pond at Paul Smith NY. Finally, our last destination Bokie’s Ice Cream of Malone. *****Passport Required *****

Meeting Place: Tim Hortons near Kelsey (parking lot)

Meeting Time: 10 am

Contact: Cheryl cheryl.o@hotmail.com

SATURDAY JUNE 1

WALK SOUTH STORMONT RECREATION TRAIL TO BREAKFAST (10 km return)

Walk along the bike path to St Andrew’s for breakfast at Mo’s Restaurant.

Meeting Place: Carpool Lot at Brookdale and Cornwall Centre Road

Time: 9:00 am

Contact: Glenna 613-362-4338

SATURDAY JUNE 8

CYCLE LONG SAULT TO UPPER CANADA VILLAGE (42 km return)

Cycle along the Parkway and bike path to the monument at Upper Canada Village. Bring a lunch and plenty of water for this scenic route.

Meeting Place: At the small parking lot at the entrance to the Long Sault Parkway in Long Sault

Time: 9:00 am

Contact: Glenna 613-362-4338

WEDNESDAY JUNE 12

PADDLE LAKE FLOWER – OSEETAH LAKE – SARANAC RIVER

~ 8 miles round trip ~ @ 4 - 5 hours. No portages.

This is a somewhat sheltered lake trip with a short hike to a beautiful set of ponds (Owl & Pine). Put in & take out at Lake Flower Boat Launch.

Oseetah Lake provides some of the finest mountain scenery of the entire Saranac Chain because it is closer to the higher mountains. 1 hr 30 min drive. Lunch, water, & passport needed.

Meeting Place: Tim Hortons near Kelsey (parking lot) at 7:30 AM.

Contact: lorraine.clarke05@gmail.com

SATURDAY JUNE 15

WALK OR CYCLE THE BRAND-NEW ADIRONDACK RAIL TRAIL

Starting in Saranac Lake travel along the paved level trail to Lake Placid.

For cycling it's a 30 km return trip. For walking explore the sights of Saranac village: Rail Trail, Riverfront Park on Flower Lake, unique shops on Broadway, and the Adirondack Carousel.

www.adirondackcarousel.org and www.adirondacktrail.org

*****Passport Required *****

Meeting Place: Tim Hortons near Kelsey (parking lot) Time: 8 am

Contact Kevin 613-360-3403

THURSDAY JUNE 20

HIKE TO FISH HAWK CLIFF AND INDIAN HEAD, ST HUBERTS NY

Enjoy incredible views overlooking Ausable Lake and the surrounding ADK high peaks.

www.lakeplacid.com/do/hiking/indian-head-and-fish-hawk-cliffs

Medium Level Adirondack hike with 730 ft elevation. Total distance 9.8 km.

*****Passport Required *****

Meeting Place: Tim Hortons near Kelsey (parking lot) Time: 6:45 am

Contact: Glenna 613-362-4338

FRIDAY JUNE 21

LOCAL WALK & ART GALLERY – OPEN EVENT

A walk starting at Lamoureux Park with a stop at Cline House Gallery.

Exhibition: Stephanie Hill www.clinehousegallery.com

Meeting Place: Behind the Bandshell at Lamoureux Park, Cornwall

Contact: Linda Geisel Time: 9 am

Text: 613-330-5662 Email: lindageisel@gmail.com

THURSDAY JUNE 27 – SUNDAY JUNE 30

GLENGARRY CAMPGROUND (LANCASTER, ONTARIO)

Start the camping season off in the large pine forest at Glengarry Park.

Paddling and small hikes during the day and bonfires at night.

Meeting Place: TBD Contact Kevin 613-360-3403

SATURDAY JUNE 29

PADDLE FROM LANCASTER UP THE RAISIN RIVER

Join in a day trip paddle upstream on the flat water of the Raisin River.

Meeting Place: South Lancaster Wharf Time: 10 am

Contact Kevin 613-360-3403

SATURDAY JULY 13

OUTDOOR CLUB BBQ/STRAWBERRY SOCIAL AND ANNUAL GENERAL MEETING

This social event will be held in a member's backyard in Long Sault. Enjoy the Potluck BBQ with fresh strawberry desserts. Bring your lawn chairs. If you have tables please let Kevin know.

Reserve ahead with Kevin at 613-360-3403 Time: 2:00 p.m.

SUNDAY JULY 14

CYCLE TO VISIT SEVEN WILLOW GARDENS & STONECROP WINERY, MORRISBURG

Two options: cycling or driving. Leaving Stonecrop Winery ride the back roads to Seven Willow Gardens (www.sevenwillows.ca) and take a tour of the grounds.

Circle back to the Stonecrop for wine sampling.

Meeting Place: Carpool Lot at Brookdale and Cornwall Centre Road

Distance: 30 km

Contact Sylvie 613-360-3403 Time: 9:30 am

WEDNESDAY JULY 17

ENJOY THE SUMMER WEATHER TOGETHER AT CHARLOTTENBURG BEACH

Bring your swimsuit, lunch, blanket, book, etc.

Located 19 km east of the City of Cornwall, at 19788 County Rd 2, in the Township of South Glengarry, Charlottenburgh Park encompasses a total of 234.7 acres of green space. The park features a diverse environment with many types of ecosystems including white pine and spruce plantations, a mixed hardwood forest, Class 2 Provincially Significant wetlands, Lake St. Francis and its tributaries, meadows, and a Forest Stewardship Council (FSC) managed forest area.

Time: 10:00-2:00 or longer. We will meet on the beach. Cost: \$10 Adult; \$8 senior (65+)

Contact: lorraine.clarke05@gmail.com

SATURDAY JULY 20

PADDLE IN CAMPING AT LONG SAULT PARKWAY

Pack up your gear for a one-night backcountry camping adventure.

Meeting Place & Time: TBD

Contact: Wayne 930-3733

SUNDAY JULY 21

LOCAL CYCLE TO ICE CREAM FOR NATIONAL ICE CREAM DAY

Time: 9:00 am Meeting place Lamoureux Park bandshell or along the bike path en route to Long Sault

On the way back to Cornwall refuel at Archie's with ice cream.

Contact: Cheryl cheryl.o@hotmail.com

FRIDAY JULY 26

LOCAL WALK & ART GALLERY – OPEN EVENT

A walk starting at Lamoureux Park with a stop at Cline House Gallery.

Exhibition: Nicholas Seguin www.clinehousegallery.com

Meeting Place: Behind the Bandshell at Lamoureux Park, Cornwall

Contact: Linda Geisel

Time: 9 am

Text: 613-330-5662

Email: lindageisel@gmail.com

CORNWALL RIBFEST JULY 25 – 28

Take in the music and food at Cornwall's Ribfest - www.cornwallribfest.com

Contact Sylvie at 360-3403 to see if a group is meeting for the music for the day or evening.

WEDNESDAY AUGUST 7

CYCLE RIGAUD TO POINTE-FORTUNE LOOP, 36 km

<https://ridewithgps.com/routes/10727818>

Cycle down the river with the Ottawa River close to the Lake of Two Mountains. Cross the Ontario border and view the farmland in the easternmost part of the province. Finally turning east follow the Ruisseau Blanc and Ruisseau Rigaud back to the village. Lunch & water are needed.

Meeting Place: Lancaster DQ at 8:30 AM (40 min. drive to Rigaud).

Contact: lorraine.clarke05@gmail.com

SATURDAY AUGUST 10

WATERFEST DRAGON BOAT RACES

Volunteer or watch the races with 20 paddlers per boat along the Cornwall Canal

Location: Riverdale Cornwall (corner of Power Dam Rd and 2nd St West)

Contact Kevin 613-360-3403

AUG 15 – 19 CAMPING ROLLINS POND (NEXT TO FISH CREEK POND)

Camp and explore the streams and ponds in Adirondack's favorite paddling destination.

Book for all five days or just for the weekend. Be quick, spaces will sell out (deposit needed).

Option to join us for just a day paddle as well. *****Passport Required *****

Contact Kevin 613-360-3403

Meeting Place: TBD

THURSDAY AUGUST 20

HIKE WHITEFACE MOUNTAIN NY (16.8 km return)

This strenuous hike to the 5th highest peak in the ADK provides great view of Lake Placid. www.lakeplacid.com/hiking/whiteface-mountain

*****Passport Required *****

Meeting Place: Tim Hortons near Kelsey (parking lot) Time: 7 am

Contact: Glenna 613-362-4338

SUNDAY AUGUST 25

VOLUNTEER AT CORNWALL TRIATHALON

Go and watch or sign up online to volunteer on the water or along the route.

Always a great event and volunteers get a great lunch.

www.cornwalltriathlon.com

WEDNESDAY AUGUST 28

SUPPER AT WOW INDIA AND SUNSET WALK ON CORNWALL CANAL

Socialize over a meal then park at Optimist Soccer Fields (Riverdale) to begin the walk at 6:45 pm.

Meeting Place & Time: WOW India Restaurant at 5:15 pm

Contact Kevin 613-360-3403 Call ahead so he can reserve space for the group